



# NEW SUMMER SWIM LEAGUE

**Come enjoy friendly competitive swimming and  
learn how to swim faster and more efficiently.  
Enjoy daily exercise and have fun with your friends!**

Swimmers must be able to swim at least one length of the pool unassisted  
and without stopping in a recognizable stroke.

Must be age 8 and over.

## Training Times at The Club at Colony Creek:

**Pre-Season**  
May 7th-24th  
6-7PM

**League Season**  
May 29th – July 31st  
9-10:30 AM

**Coach: Victoria Stawik-Raven**

**Head coach for St Joseph High School Swim Team**

Stawik-Raven is new to Victoria and brings over 25 years of swim coaching experience.  
She has coached and developed programs in Fort Still, Oklahoma, El Paso, Texas  
and Heidelberg, Germany.

**Cost: \$190.00 for Non Members \$175.00 Club Members**

**Includes: training, t-shirt, cap and all registration fees**

**Make checks payable to:  
The Club at Colony Creek**

**For more information  
coachvictoria@rocketmail.com  
Subject Line "Summer League"**

**Team will compete at 6 meets:  
3 Local Meets  
City: Victoria Aquatic Center  
Regional: Location TBD  
State: A&M College Station  
Dates are to be determined**